Cardinal Features

- **Vision**: Nystagmus (100%)
  - Photodysphoria (100%)
  - Low Vision (100%)
  - Blindness

- **Hearing**: Glue Ear (41%)
  - Chronic Otitis Media (57%)
  - Sensorineural Impairment (69%)

- **Cardiomyopathy**: Infantile (43%)
  - Recurrent Episode of Infantile Cardiomyopathy (20%)
  - Adolescent Cardiomyopathy (29% of those over 10yr)

- **Endocrine**: Obesity (100%)
  - Hypertriglyceridemia (55%)
  - Hypertension (36%)
  - Hyperinsulinemia (47%)
  - Hypothyroidism (19%)
  - Male Hypogonadism (67%)

- **Hepatic**: Type II diabetes (68%)
  - Enlarged liver (49%)
  - Elevated Hepatic Enzymes (49%)

- **Urological/Renal**: UTI (47%)
  - Incontinence (26% of those over 18 years old)
Figure 1. Age Range of Onset of Features in Alström Syndrome

From: Alström Syndrome

GeneReviews [Internet].
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